

Lake to Mountain Personal Shopping

Please fill out the form below completely and fax to 815-301-9560.

	QTY	Size	Brand/Flavor/Notes
<i>Bakery</i>			
Bagels			
Muffins			
Donuts			
Coffee Cake			
English Muffins			
Sandwich Bread			
Baguette			
French Bread			
Hamburger Rolls			
Hot Dog Rolls			
Flour Tortillas			
Other Bakery			
	QTY	Size	Brand/Flavor/Notes
<i>Dairy</i>			
Milk			
Soy Milk			
Tofu			
Half and Half			
Heavy Cream			
Sour Cream			
Yogurt			
Butter			
Margarine			
Cheese			
Cream Cheese			
Cottage Cheese			
String Cheese			
Other Dairy			
	QTY	Size	Brand/Flavor/Notes
<i>Produce</i>			
Apples			
Bananas			
Blueberries			
Cantaloupe			
Grapefruit			
Honeydew Melon			
Lemons			

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	QTY	Size	Brand/Flavor/Notes
Limes			
Oranges			
Raspberries			
Strawberries			
Asparagus			
Avocado			
Bell Pepper			
Broccoli			
Carrots - baby			
Corrots - bunch			
Celery			
Garlic			
Green Beans			
Lettuce			
Mushrooms			
Onions			
Potatoes			
Salad Mix (bag)			
Squash			
Tomatoes			
Zucchini			
Veggie Tray			
Other Produce			
	QTY	Size	Brand/Flavor/Notes
<i>Breakfast</i>			
Bacon			
Breakfast Bars			
Cereal			
Eggs			
Frozen Waffles			
Granola Bars			
Granola			
Oatmeal - reg.			
Oatmeal - instant			
Pancake Mix			
Toaster Pastries			
Syrup			
Sausage - link			

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	QTY	Size	Brand/Flavor/Notes
Sausage - ground			
Other Breakfast			
	QTY	Size	Brand/Flavor/Notes
Snacks & Sweets			
Cookies			
Cookie Dough			
Brownie Mix			
Cake Mix			
Crackers			
Marshmallows			
Candy Bars			
Nuts			
Dried Fruit			
Pretzels			
Chips			
Salsa			
Popcorn - microwave			
Popcorn - kernals			
Other snacks			
	QTY	Size	Brand/Flavor/Notes
Frozen Foods			
Pizza			
Lasagna			
Garlic Bread			
Frozen Veggies			
French Fries			
Chicken Nuggets			
Popsicles			
Ice Cream			
Frozen Yogurt			
Sorbet			
Other Frozen			
	QTY	Size	Brand/Flavor/Notes
Beverages			
Juice			
Juice Drink Boxes			

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	QTY	Size	Brand/Flavor/Notes
Snapple			
Bottled Water			
Soda			
Gatorade			
Tonic Water			
Club Soda			
Beer			
Other Beverages			
	QTY	Size	Brand/Flavor/Notes
<i>Spices</i>			
Salt and Pepper			
Vanilla			
Cinnamon			
Nutmeg			
Paprika			
Oregano			
Red Pepper Flakes			
Other Spices			
	QTY	Size	Brand/Flavor/Notes
<i>Deli</i>			
Sliced Meat			
Sliced Cheese			
Potato Salad			
Pasta Salad			
Other Deli			
	QTY	Size	Brand/Flavor/Notes
<i>Meat</i>			
Ground Beef			
Ground Turkey			
Steak			
Chicken			
Pork			
Ham			
Hot Dogs			
Packaged Lunch Meat			
Fish			
Other Meat			

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	QTY	Size	Brand/Flavor/Notes
<i>Packaged/Canned Goods</i>			
Peanut Butter			
Jelly			
Jam/Preserves			
Honey			
Mac and Cheese			
Canned Soup			
Canned Tuna			
Other Packaged			
Other Canned			
	QTY	Size	Brand/Flavor/Notes
<i>Grains/Pastas and Sauces</i>			
Pasta			
Tomato Sauce			
Other Sauces			
White Rice			
Brown Rice			
Minute Rice			
Other			
	QTY	Size	Brand/Flavor/Notes
<i>Condiments/Ingredients</i>			
Sugar			
Splenda			
Equal			
Brown Sugar			
Flour			
Baking Soda			
Baking Powder			
Olive Oil			
Vegetable Oil			
Vinegar			
Salad Dressing			
Mustard			
Ketchup			
Mayonnaise			
Miracle Whip			
Soy Sauce			
Tabasco			

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	QTY	Size	Brand/Flavor/Notes
Worcester Sauce			
Olives			
Pickles			
Other			
	QTY	Size	Brand/Flavor/Notes
<i>Infant</i>			
Diapers			
Wipes			
Formula			
Bottle Liners			
Baby Food			
Other Baby			
	QTY	Size	Brand/Flavor/Notes
<i>Household</i>			
Napkins			
Paper Plates			
Paper Cups			
Paper Towels			
Plastic Forks/Knives/Spoons			
Kleenex			
Toilet Paper			
Aluminium Foil			
Plastic Wrap			
Ziploc Bags			
Trash Bags			
Laundry Detergent			
Other Household			
Other Items			

Name: _____

Phone: _____